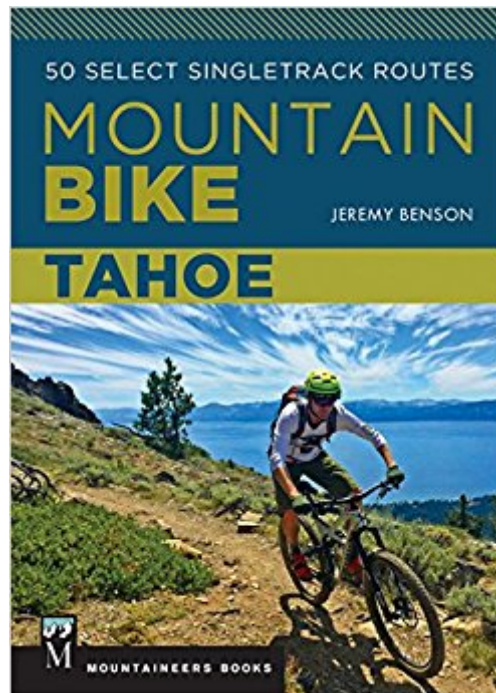




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# Mountain Bike Tahoe: 50 Select Singletrack Routes



## Synopsis

Northern California is known as the birthplace of mountain biking, and Tahoe is its most famous destination. The 165-mile Tahoe Rim Trail (TRT) circumnavigates the sparkling blue lake along the spine of the Sierra and Carson Ranges that circle it, and serves as the backbone of Tahoe's intricate trail skeleton. Over its course, numerous other trails and roads intersect the TRT creating endless options for loops of various lengths, point to point rides, and all-day epics. Mountain Bike Tahoe features 50 routes, each with a topographical map, directions to trailheads, trip distance, suggested season, difficulty ratings, a fitness intensity rating, suggested routes, options, and trail descriptions formatted as mileage logs--easy to reference at a glance while out on a ride.

## Book Information

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## Customer Reviews

Jeremy Benson moved to north Lake Tahoe immediately after he graduated from college in Vermont. A sponsored professional big mountain and backcountry skier for more than a decade, Benson rides the trails around Tahoe and Truckee during the warmer seasons. Over the past several years, he has contributed to Powder, Skiing, Mountain, and Tahoe Quarterly magazines, as well as TetonGravity.com, PowderMag.com, ESPN.com, and SkiingMag.com.

This up-to-date (2017) trail guide is a must have for anyone planning a mountain biking vacation to Tahoe, CA. The book uses an easy to follow format. There are seven major geographical areas where trails are delineated. Each trail has an easy to read summary of trail type, distance, elevation,

fitness intensity, etc. followed by an overview, a map, and specific directions for locating the trail head. A detailed mileage log is provided followed by additional options to connect to other trails or to make longer loops.

Best book on the topic.

I didn't buy the book on , but met Jeremy at a local's fair at Squaw Valley and bought his book. I have ridden many of the trails he describes and look forward to using this guide to explore many more. It is, excellent! Thanks to Jeremy. Guides like this are hard to come by.

Fantastic book for anyone who loves to mountain bike in Tahoe and surrounding area! Plus, the author is a stud.

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